



BE STRONG PERFORMANCE
PRESENTS:

THE MISSFIT ACADEMY

The MissFit Academy wants to empower, encourage, and equip our girls to become strong and confident leaders, one barbell at a time. The MissFit Academy envisions a world with strong, confident women charging ahead and leading the way.

**DON'T MISS OUT ON THIS
AWESOME OPPORTUNITY!**

Camp starts In November
Every Saturday for 8 weeks
9am-11am
Cost: \$250/attendee

CAMP MISSFIT

Building Confidence One Barbell At A Time

The purpose of Camp MissFit is to teach girls and women that strength is our birth rite and there is nothing to fear. In fact, strength is something to embrace and get excited about! Possessing strength will not only build physical prowess but empower you with confidence to take action towards your goals and dreams. When we are empowered with the knowledge that we are strong and capable of accomplishing amazing physical feats, we are unstoppable. Camp MissFit uses an intelligent and progressive approach to physical strength training that ensures a safe environment and effective results. By the end of the Camp MissFit, attendees will be empowered and equipped with the necessary tools and strategies to step out into the world and take bold actions towards their goals and dreams.

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